

# Exec Team Member Report

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| <b>Name</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Mario Domig                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Reporting Year</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>In the Excutive Team, I am responsible for:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| IT, strategy, and other things                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Overview of my last year's activities</b>                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Organisation of the 2025 live meeting in Luzern<br>Server Maintenance<br>Website Maintenance<br>Realisation of the new homepage design<br>Introduction of the new taskforce Calendar (with Mark Eckstein)<br>IBF Breathing App – Project Management for a new app version<br>Introduction of Fluent Forms<br>Introduction of Ninja Tables<br>Introduction of new Taskforce Reports<br>New CBC registration form on the IBF server<br>CBC database integration into IBF                |
| <b>Personal note</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| I have greatly enjoyed my time as a member of the executive team. Working with my colleagues in the team is inspiring and truly fun. My four-year term is nearing its end. However, I still have a great deal of energy and joy in contributing to IBF. Therefore, I will make a proposal at the next AGM that executive team members also can be elected for a second term. If the members approve this proposal, I will apply for a second 4 year term as an executive team member. |
| <b>Elected as ET Member in (year)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 2022                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Will I continue in my position for the coming year?</b>                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Maybe                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>How much did I enjoy being in my ET role? On a scale from 0 to 10, where 10 is the best.</b>                                                                                                                                                                                                                                                                                                                                                                                       |
| 10                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>How was my experience working with my ET colleagues? On a scale from 0 to 10, where 10 is the best.</b>                                                                                                                                                                                                                                                                                                                                                                            |

## Exec Team Member Report

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| 9                                                                                                          |
| How was it for me to work with the Integrity Committe Team? On a scale from 0 to 10, where 10 is the best. |
| 7                                                                                                          |
| How do I like where the organisation is heading?                                                           |
| 10                                                                                                         |
| Will I attend the next conference?                                                                         |
| Yes                                                                                                        |
| My Email                                                                                                   |
| mario.domig@ibfbreathwork.org                                                                              |
| GDPR Agreement                                                                                             |
| Accepted                                                                                                   |
| Date of submission                                                                                         |
| 29/05/2026                                                                                                 |